

ACT Treatment Protocol

AIRWAY OBSTRUCTION

A. Conscious Patient:

- 1. Able to talk or cough:
 - a. Reassure victim and encourage coughing.
 - b. Oxygen 15 LPM non-rebreather mask.
- 2. Unable to talk or cough, or weak ineffective cough:
 - Deliver repeated abdominal thrusts until obstruction relieved or victim becomes unconscious. For patients < 1 year of age, do alternating 5 back blows and 5 chest thrusts.
 - b. Chest thrusts are preferred on advanced pregnancy and marked obesity.
 - c. Transport immediately and notify Medical Command.

B. Unconscious:

- 1. Open airway and attempt ventilation.
- 2. Reposition airway, if necessary, and attempt ventilation.
- 3. Begin CPR starting with compressions.
- 4. Finger sweep for foreign body if visible. **DO NOT perform finger sweep on patients < 8 years of age.**
- 5. Repeat steps 1 5 above.
- 6. If still obstructed, visualize with laryngoscope, remove obstruction with Magill forceps.
- 7. If unsuccessful, transport immediately. Repeat steps 1 5 en route.
- 8. Consider **protocol 5901** for further airway management.
- 9. Contact Medical Command.

